

Zieleinlaufliste Lauf1, kurze Strecke (5,2 Km)

| Platz | Stnr | Name, Vorname | Verein/Ort | Zeit | Jahrg. | AK | Rg |
|-------|------|-----------------------|--------------------------|---------|--------|-------|----|
| 1 | 95 | Dahlke, Jonathan | TV Herkenrath | 0:17:36 | 1995 | M JgB | 1 |
| 2 | 106 | Ralenovsley, Arthur | TV Refrath | 0:17:41 | 1993 | M JgA | 1 |
| 3 | 103 | Kirchner, Torben | TV Refrath | 0:17:56 | 1987 | M HK | 1 |
| 4 | 2 | Koller, Martin | TV Refrath | 0:18:25 | 1966 | M 45 | 1 |
| 5 | 105 | Abdolazizi, Dan | TV Refrath | 0:19:00 | 1994 | M JgA | 2 |
| 6 | 53 | Balsam, Patrick | TV Herkenrath | 0:19:08 | 1997 | M | 1 |
| 7 | 83 | Wilmes, Heiko | (Bergisch Gladbach) | 0:19:09 | 1969 | M 40 | 1 |
| 8 | 97 | Redlich, Michael | (Wiehl) | 0:19:19 | 1961 | M 50 | 1 |
| 9 | 77 | Hesselmann, Rolf | TV Herkenrath | 0:19:24 | 1957 | M 55 | 1 |
| 10 | 51 | Hardt, Marvin | TV Herkenrath | 0:19:27 | 1992 | M HK | 2 |
| 11 | 112 | Meyer, Irek | TV Refrath | 0:19:42 | 1971 | M 40 | 2 |
| 12 | 81 | Zimmermann, Jan | LT DSHS Köln | 0:19:45 | 1982 | M 30 | 1 |
| 13 | 52 | Moormann, Lars | TV Herkenrath | 0:20:12 | 1996 | M JgB | 2 |
| 14 | 50 | Simon, Michael | KT 43 Köln | 0:20:33 | 1964 | M 45 | 2 |
| 15 | 7 | Schenk, Michael | Tripower Rhein-Sieg | 0:20:38 | 1971 | M 40 | 3 |
| 16 | 102 | Sajitz, Olaf | Bunert-Running-Team | 0:20:40 | 1975 | M 35 | 1 |
| 17 | 84 | Von Keutz, Pia | LT DSHS Köln | 0:20:42 | 1992 | W HK | 1 |
| 18 | 1 | Schäpers, Silke | TV Refrath | 0:20:50 | 1970 | W 40 | 1 |
| 19 | 78 | Kohlhof, Nils | (Köln-Dellbrück) | 0:22:37 | 1998 | M | 2 |
| 20 | 5 | Schmidt, Bodo | (Gummersbach) | 0:22:46 | 1954 | M 55 | 2 |
| 21 | 76 | Groos, Martin | (Köln) | 0:22:47 | 1953 | M 55 | 3 |
| 22 | 110 | Teicher, Paul | TV Refrath | 0:22:48 | 1998 | M | 3 |
| 23 | 90 | Fontes, Arne | LT DSHS Köln | 0:23:07 | 1997 | M | 4 |
| 24 | 26 | Vizzari, Susanne | speed > cat | 0:23:15 | 1977 | W 35 | 1 |
| 25 | 107 | Basinski, Jola | TV Refrath | 0:23:16 | 1975 | W 35 | 2 |
| 26 | 96 | Gippert, Monika | TV Herkenrath | 0:23:25 | 1961 | W 50 | 1 |
| 27 | 63 | Pilgram, Brigitte | (Much) | 0:23:36 | 1967 | W 45 | 1 |
| 28 | 64 | Neubauer, Wolfgang | (Neunkirchen-Seelscheid) | 0:23:37 | 1968 | M 40 | 4 |
| 29 | 66 | Müller, Harald | LLG St. Augustin | 0:23:43 | 1967 | M 45 | 3 |
| 30 | 37 | Zehnpfennig, Damian | TV Refrath | 0:24:07 | 1996 | M JgB | 3 |
| 31 | 14 | Rahl, Sabine | DJK RS Grafschaft | 0:24:25 | 1966 | W 45 | 2 |
| 32 | 85 | Frößler, Hans | TS 79 Bergisch Gladbach | 0:24:58 | 1946 | M 65 | 1 |
| 33 | 111 | Meyer, Joanna | TV Refrath | 0:25:01 | 1972 | W 40 | 2 |
| 34 | 27 | Boelen-Theille, Claus | (Rösrath) | 0:25:07 | 1966 | M 45 | 4 |
| 35 | 4 | Reimesch, Christian | Union Biesfeld Triathlon | 0:25:23 | 1965 | M 45 | 5 |
| 36 | 67 | Aydemir, Gürhan | CV Refrath | 0:25:29 | 1967 | M 45 | 6 |
| 37 | 82 | Gerhards, Simon | Dünnwalder Turnverein | 0:25:31 | 1996 | M JgB | 4 |
| 38 | 93 | Rath, Heiner | TS 79 Bergisch Gladbach | 0:25:42 | 1943 | M 65 | 2 |
| 39 | 38 | Zehnpfennig, Stephan | (Bergisch Gladbach) | 0:25:50 | 1965 | M 45 | 7 |
| 40 | 80 | Gerhards, Markus | Schwarz-Weiss Nierfeld | 0:26:02 | 1961 | M 50 | 2 |
| 41 | 35 | Rotondi, Chiara | LG Remscheid | 0:26:27 | 2001 | W | 1 |
| 42 | 89 | Fontes, Kirsten | Die fontestischen Vier | 0:26:27 | 1964 | W 45 | 3 |
| 43 | 75 | Büttner, Benjamin | (Bergisch Gladbach) | 0:26:28 | 1981 | M 30 | 2 |
| 44 | 104 | Altendorf, Oskar | TV Refrath | 0:26:40 | 1951 | M 60 | 1 |
| 45 | 3 | Ziegert, Jürgen | LLG St. Augustin | 0:26:48 | 1964 | M 45 | 8 |
| 46 | 11 | Brassat, Simone | TV Refrath | 0:26:49 | 1996 | W JgB | 1 |
| 47 | 70 | Sommer, Laura | Team Sommer | 0:27:01 | 1967 | W 45 | 4 |
| 48 | 28 | Nather, Corinna | (Marl) | 0:27:06 | 1979 | W 30 | 1 |
| 49 | 25 | Speckenbach, Manuela | Die rasenden Hückis | 0:27:13 | 1969 | W 40 | 3 |
| 50 | 40 | Becker, Heribert | Stöcken | 0:27:14 | 1961 | M 50 | 3 |

Zieleinlaufliste Lauf1, kurze Strecke (5,2 Km)

| Platz | Stnr | Name, Vorname | Verein/Ort | Zeit | Jahrg. | AK | Rg |
|-------|------|-------------------------------|----------------------------|---------|--------|-------|----|
| 51 | 23 | Rösener, Roald | DBG Bergisch Gladbach | 0:27:17 | 2002 | M | 5 |
| 52 | 24 | Rösener, Rodja-Claus | Gothaer Sportgemeinschaft | 0:27:18 | 1962 | M 50 | 4 |
| 53 | 79 | Kohlhof, Ylvia | (Köln-Dellbrück) | 0:27:28 | 1996 | W JgB | 2 |
| 54 | 109 | Handenbicher, Jürgen | Schenkerbau.de | 0:27:35 | 1960 | M 50 | 5 |
| 55 | 108 | Schenker, Michael | Schenkerbau.de | 0:27:37 | 1969 | M 40 | 5 |
| 56 | 56 | Usselmann, Dagmar | TV Hoffnungsthal | 0:27:39 | 1963 | W 45 | 5 |
| 57 | 57 | Axmacher, Katharina | ASV St. Augustin | 0:27:48 | 1996 | W JgB | 3 |
| 58 | 101 | Krüger, Gerhard | TV Refrath | 0:28:08 | 1940 | M 70 | 1 |
| 59 | 91 | Herrndorf, Norbert | LT Saaler Mühle | 0:28:14 | 1954 | M 55 | 4 |
| 60 | 92 | Lamboy, Petra | (Köln) | 0:28:22 | 1971 | W 40 | 4 |
| 61 | 58 | Axmacher, Maximilian | ASV St. Augustin | 0:29:08 | 1999 | M | 6 |
| 62 | 42 | Möser, Wolfgang | Alfterer SC | 0:29:12 | 1941 | M 70 | 2 |
| 63 | 65 | Grewe, Ina | DJK Montania Kürten | 0:29:38 | 1971 | W 40 | 5 |
| 64 | 74 | Büttner, Rahel | (Bergisch Gladbach) | 0:29:51 | 1981 | W 30 | 2 |
| 65 | 36 | Bayer, Nicol | (Wermelskirchen) | 0:29:53 | 1967 | W 45 | 6 |
| 66 | 88 | Schleyer, Constantin | Sanitätshaus Salgert | 0:29:53 | 1996 | M JgB | 5 |
| 67 | 94 | Rath, Annemie | TS 1879 e.V. Berg.Gladbach | 0:30:13 | 1946 | W 65 | 1 |
| 68 | 39 | Hüpen, Angie | BSG Springorum Bochum | 0:30:28 | 1953 | W 55 | 1 |
| 69 | 71 | Sommer, Florian | Team Sommer | 0:30:32 | 1996 | M JgB | 6 |
| 70 | 60 | Schultz, Andreas | (Overath) | 0:30:32 | 1975 | M 35 | 2 |
| 71 | 45 | Luck, Heinz | LT Saaler Mühle | 0:30:43 | 1942 | M 70 | 3 |
| 72 | 43 | Wolter, Renate | Alfterer SC | 0:30:52 | 1961 | W 50 | 2 |
| 73 | 54 | Voege, Arnulf | TuS Moitzfeld | 0:31:03 | 1940 | M 70 | 4 |
| 74 | 31 | Asselborn, Klaus | Staubwolke Refrath | 0:31:15 | 1959 | M 50 | 6 |
| 75 | 47 | Schewiola, Hans | Erftläufer | 0:31:23 | 1949 | M 60 | 2 |
| 76 | 55 | Kudelka, Udo | Staubwolke Refrath | 0:31:32 | 1959 | M 50 | 7 |
| 77 | 30 | Palfi, Mathilda | LT Saaler Mühle | 0:31:51 | 1952 | W 60 | 1 |
| 78 | 72 | Berkenkopf, Karla | (Lohmar) | 0:32:12 | 1962 | W 50 | 3 |
| 79 | 33 | Vosen, Michael | Overath | 0:32:37 | 1964 | M 45 | 9 |
| 80 | 61 | Schultz, Miriam | (Overath) | 0:32:45 | 1982 | W 30 | 3 |
| 81 | 10 | Weilandt, Stephan | 1.FC Köln | 0:33:04 | 1934 | M 75 | 1 |
| 82 | 19 | Gyr, Werner | SG Bockenberg | 0:33:20 | 1949 | M 60 | 3 |
| 83 | 73 | Röhrdiek, Roland | (Bergisch Gladbach) | 0:33:29 | 1947 | M 65 | 3 |
| 84 | 99 | Deiters, Lothar | LSV Porz e.V. | 0:33:35 | 1934 | M 75 | 2 |
| 85 | 16 | Alflen, Monika | LT Saaler Mühle | 0:33:45 | 1958 | W 50 | 4 |
| 86 | 9 | Urfels, Bettina | (Odenthal) | 0:33:46 | 1962 | W 50 | 5 |
| 87 | 8 | Kundmüller-Bianchini, Susanne | (Bergisch Gladbach) | 0:33:47 | 1966 | W 45 | 7 |
| 88 | 15 | Süßmuth, Bernhard | SG Bockenberg | 0:34:59 | 1954 | M 55 | 5 |
| 89 | 21 | Jäger, Harry | TV Witzhelden | 0:35:09 | 1951 | M 60 | 4 |
| 90 | 113 | Zimmer, Brigitte | LT Saaler Mühle | 0:35:19 | 1957 | W 55 | 2 |
| 91 | 34 | Süß-Dahmen, Renate | LT Saaler Mühle | 0:35:24 | 1944 | W 65 | 2 |
| 92 | 29 | Willerscheid, Brigitte | TV Flittard Köln | 0:35:46 | 1943 | W 65 | 3 |
| 93 | 41 | Mols, Karl-Heinz | Hansa-Simmerath | 0:36:13 | 1931 | M 80 | 1 |
| 94 | 48 | Heidelmann, Bernd | Bonn | 0:36:29 | 1958 | M 50 | 8 |
| 95 | 22 | Biesenbach, Roger | LTD Köln-Dellbrück | 0:37:03 | 1952 | M 60 | 5 |
| 96 | 114 | Quast, Ulrich | SG Bockenberg | 0:37:36 | 1942 | M 70 | 5 |
| 97 | 115 | Angerer, Hans-Dieter | SG Bockenberg | 0:39:26 | 1947 | M 65 | 4 |
| 98 | 62 | Wilczek, Eva | BSG Hilden | 0:42:11 | 1946 | W 65 | 4 |
| 99 | 87 | Urbach, Ingeborg | LSV Porz e.V. | 0:44:16 | 1953 | W 55 | 3 |
| 100 | 86 | Urbach, Helmut | LSV Porz e.V. | 0:44:17 | 1942 | M 70 | 6 |
| 101 | 100 | Asselborn, Gertrud | (Köln-Stammheim) | 0:48:18 | 1936 | W 75 | 1 |

Zieleinlaufliste Lauf1, kurze Strecke (5,2 Km)

| Platz | Stnr | Name, Vorname | Verein/Ort | Zeit | Jahrg. AK | Rg |
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